

Is my child on track?

**Milestones
for ages 1-5**



12–18 months

- **Says 5–10 words**
- **Uses gestures
(waving and pointing)**
- **Walks
independently**
- **Explores toys
independently**



2 years

- **Combines 2 words (e.g. “more milk”)**
- **Kicks and throws a ball**
- **Follows simple directions**
- **Begins pretend play**



3 years

- **Uses 3 to 4-word sentences**
- **Runs and climbs**
- **Understands “what” and “where” questions**
- **Plays alongside others**



4 years

- **Tells stories, answers simple questions**
- **Cuts with scissors, hops**
- **Follows 2-step directions**
- **Starts playing with others in games**



5 years

- **Uses full sentences and tells longer stories**
- **Draws shapes, buttons clothes**
- **Understands opposites & time words**
- **Plays cooperatively & follows rules**





LIKE



FOLLOW



SHARE