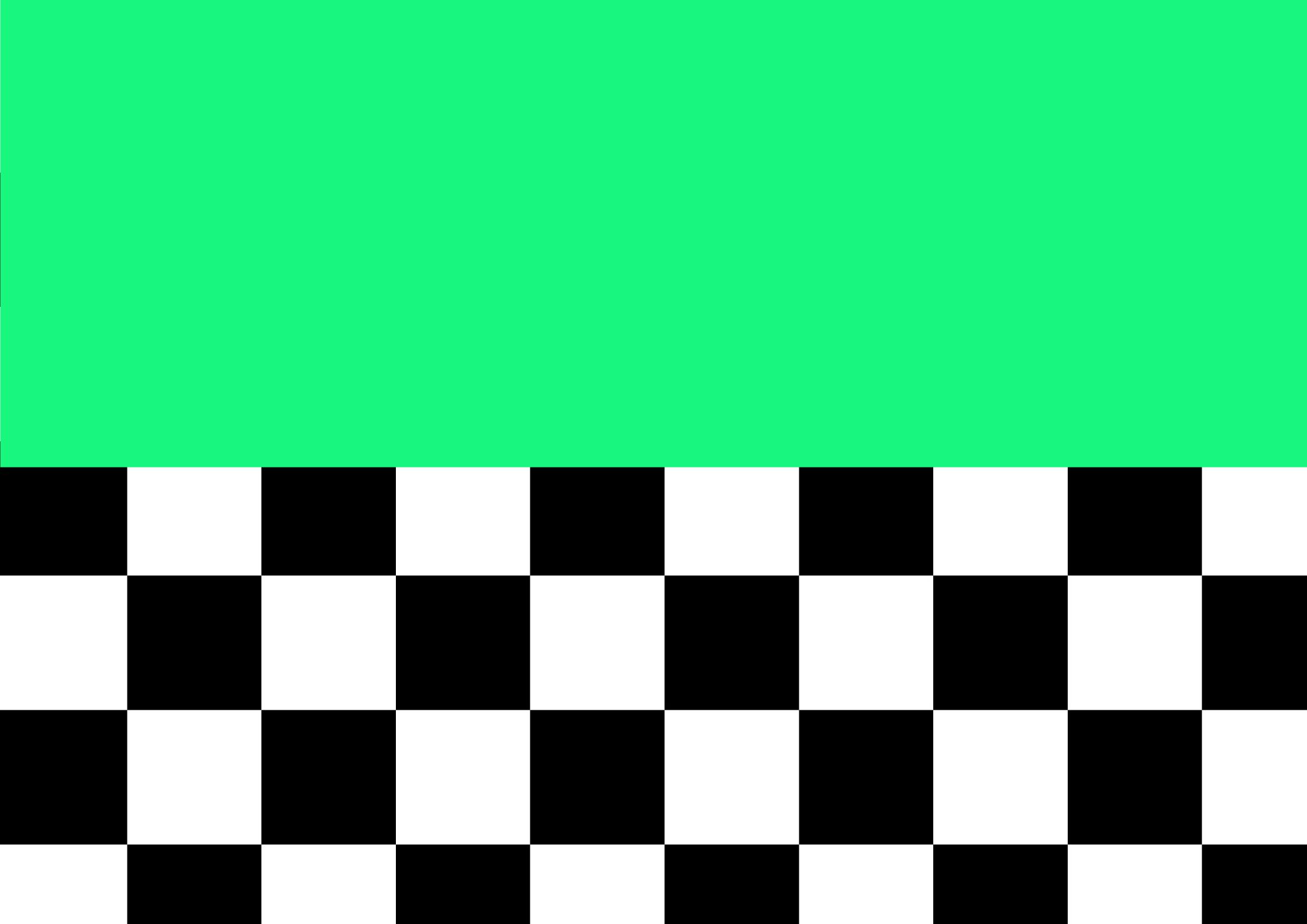


## MORNING AND NIGHT VISUAL SCHEDULE

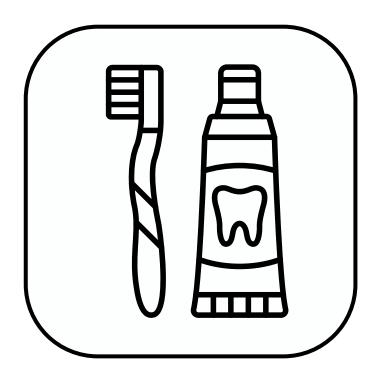
Suggestion of use:

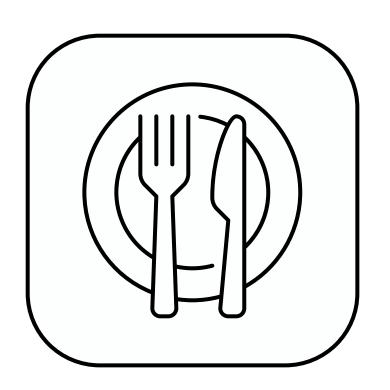
- Print and laminate all pages.
- Cut out the squares representing each activity.
- Use Velcro or Blu Tack to attach the activity squares in order along the green section of the schedule.
- After your child completes an activity, encourage them to move it from the green section to the "finished" line to signal that the task is complete.
- As extra motivation, you may choose to offer a reward once the entire routine is completed.





## Morning routine



















## Night routine

